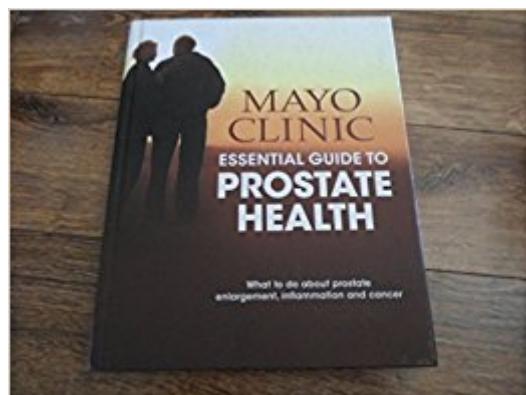


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# Mayo Clinic Essential Guide To Prostate Health



## Synopsis

Many prostate problems - even cancer - can now be easily treated. Thanks to medical advances and important new discoveries at Mayo Clinic and other leading medical centers, we can share great news with Mayo Clinic Essential Guide to Prostate Health. This book is based on advice that Mayo Clinic doctors share every day in caring for their patients. In this book you will find:

- When to get a prostate checkup, and what to expect
- Our latest recommendations on prostate-specific antigen (PSA) testing, with detailed information on normal PSA levels by age
- How doctors diagnose and treat an enlarged prostate, including new information on the two types of drugs currently used to significantly reduce symptoms of prostate enlargement
- New guidance on managing incontinence and impotence, two common side effects of prostate treatment
- Current medical options for treating advanced prostate cancer
- New advances that mean better prostate cancer survival rates
- What to expect after prostate surgery, including information on recovery time and getting on with life
- Medical assessments of popular alternative therapies
- And more

Mayo Clinic Essential Guide to Prostate Health is an easy-to-read yet comprehensive guide to understanding, treating and living with prostate disease. It's just the kind of thorough book you would expect from a world leader in medicine - Mayo Clinic.

## Book Information

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## Customer Reviews

Many prostate problems - even cancer - can now be easily treated. Thanks to medical advances and important new discoveries at Mayo Clinic and other leading medical centers, we can share great news with Mayo Clinic Essential Guide to Prostate Health. This

book is based on advice that Mayo Clinic doctors share every day in caring for their patients. In this book you will find: When to get a prostate checkup, and what to expect Our latest recommendations on prostate-specific antigen (PSA) testing, with detailed information on normal PSA levels by age How doctors diagnose and treat an enlarged prostate, including new information on the two types of drugs currently used to significantly reduce symptoms of prostate enlargement New guidance on managing incontinence and impotence, two common side effects of prostate treatment Current medical options for treating advanced prostate cancer New advances that mean better prostate cancer survival rates What to expect after prostate surgery, including information on recovery time and getting on with life Medical assessments of popular alternative therapies And more Mayo Clinic Essential Guide to Prostate Health is an easy-to-read yet comprehensive guide to understanding, treating and living with prostate disease. It's just the kind of thorough book you would expect from a world leader in medicine • Mayo Clinic.

Great resource for men of all ages. In this world that is dominated by women's health issues it is time to increase awareness and action for a leading cause of cancer and death among men. Finding good scientific advice on how to make informed decisions and early diagnosis of disease are key steps to living a long and fulfilling life of health. An area that could be improved is the discussion of prostate cancer periods of observation, cure, and management of the non-curable. The last area of non-curable cancer often relies on hormone replacement therapy, the only part of prostate cancer therapy of interest to big-pharma.

The only problem is that this is not the most updated edition. (The Second Edition is available via Mayo Clinic, but not via .)

I recommend this book for anyone wishing to better understand the Prostate and issues regarding the health and management of that body part. There is so much "junk science" on the Internet, it's difficult to get reliable information. This book does the job. I recommend all men and their women friends read it.

Great details on various procedures. It was just what I needed before the Urologist gave me the results of the latest biopsy..

It is a wonderful resource, I recommend to all those who are battling the cancer. Mayo Clinic is a wonderful medical center. It beats any similar product that I have read. Very easy to understand.

I got for my husband....skimmed through it , found it well organised and comprehensive Text is easy to read, most men and their wives would find it very useful especially if there are prostate problems

Got this for my husband who has Stage 4 cancer, he likes this book so far,

great information

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